

## UGR-H&S Menus (Choose one)

### **D1 – SOUTHWESTERN STYLE CHICKEN**

Southwestern Style Chicken Chili  
Rice, White  
Corn, Whole Kernel, Canned  
Fruit Cocktail, Canned

### **D2 – SPAGHETTI with MEATBALLS**

Spaghetti with Meatballs in Sauce  
Green Beans  
Candy, Pan Coated Disks, Milk Chocolate, Plain  
Cookies, White Chocolate Chip with Cranberries  
Pears, Canned

### **D3 – BURGUNDY BEEF STEW**

Burgundy Beef Stew  
Rice, Brown and Wild Rice Pilaf  
Peas and Carrots, Canned  
Cookies, Choc Chip, Choc Covered Crunchy Peanut Butter Candy  
Peaches, Canned

### **D4 – BUFFALO STYLE CHICKEN**

Buffalo Style Chicken Breast Strips in Sauce  
Pulled Pork  
Rice, Brown  
Green Beans, Canned  
Tortillas  
Red Velvet Cake

### **D5 – CHICKEN BREAST**

Chicken Breast in Gravy  
Rice, Brown and Wild Rice Pilaf  
Mixed Vegetables, Canned  
Cranberry Sauce  
Cookies, White Chocolate Chip with Cranberries  
Peaches, Canned  
Jalapeno Cashews

### **D6 – BEEF FAJITA**

Beef Fajita Filling  
Rice, White  
Peas and Carrot, Canned  
Yellow Cake with Chocolate Icing  
Tortillas  
Jalapeno Cheese Spread  
Salsa or Picante Sauce

### **D7 – TURKEY & GRAVY**

Turkey Cutlets in Gravy  
Sweet Potato Casserole  
Mashed Potatoes with Brown Gravy  
Green Beans  
Cranberry Sauce  
Apple Dessert  
Blueberry Filled Pastry

### **D8 – CHILI**

Chili with Beans  
Rice, White  
Carrots, Canned  
Pears, Canned  
Candy, Pan Coated Disks, Milk Chocolate  
Cookies, Choc Chip, Choc Covered Crunchy Peanut Butter Candy

### **D9 – CHICKEN BREAST in GRAVY**

Chicken Breast Strips in Broth  
Mashed Potatoes with Brown Gravy  
Corn, Whole Kernel, Canned  
Cake, Chocolate Cherry with Cherry Fruit Topping  
Pears, Canned  
Teriyaki Meat Stick  
Barbecue Sauce

### **D10 – CAJUN STYLE CHICKEN AND SAUSAGE**

Cajun Style Chicken Breast Dices with Andouille Chicken Sausage in Sauce  
Rice, Brown  
Mixed Vegetables, Canned  
Cookies, White Chocolate Chip with Cranberries  
Candy, Pan Coated Disks, Peanut Butter  
Fruit Cocktail, Canned